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## Headlines

### BJAC Releases Podcast On Construction Delivery Models

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RALEIGH, N.C. – Lou Jurkowski, chief executive officer of BJAC pa ([www.bjac.com](http://www.bjac.com)), an architectural firm offering professional services for specialized, complex institutional projects, has announced the release of a podcast on strategies for approaching a construction design. In this podcast, Leo Sagasti, partner and contract administration leader at BJAC, discusses how he uses aspects of a project such as client needs, financing issues, costs and schedules, sustainability and risks, to determine which delivery method is best suited for a design. The traditional approach, design-bid-build, is an easy-to-manage, universally understood process, but is not always right for the job. Sagasti explains how the fast track approach is quicker and saves time, while the integrated project delivery approach maximizes talents and insights of all participants, and the design-build option creates more unity through construction practicality. This podcast can be found at <http://www.bjac.com/podcasts>.

#### QUOTES:

"Our goal at BJAC is to specialize projects through unique approaches that fit the needs of our clients," said Sagasti. "This podcast details the different approaches we use, including design-bid-build, design-build, fast track and integrated project delivery."

#### NEW MEDIA CONTENT:

[http://www.flickr.com/photos/bjac\\_pa](http://www.flickr.com/photos/bjac_pa)

<http://www.mmipublicrelations.com/podcasts/entry/construction-delivery-models>

This podcast can be downloaded at: <http://bit.ly/aVsVvs>

#### ABOUT BJAC:

Architectural firm BJAC, pa, offers professional services for specialized, complex institutional projects. The firm provides design expertise to healthcare, K-20 education, research, museum and municipal clients, along with a broad range of in-depth services, including architectural design, pre-design, programming, design, master planning, interior design, construction management, contract administration and design build. Established in 1994 by CEO and Managing Principal Lou Jurkowski, BJAC is one of the largest woman-owned architectural design firms in the Southeast, with offices in Raleigh and Charlotte. For more information, please call BJAC at (919) 833-8818 or visit [www.bjac.com](http://www.bjac.com).



### On My Honor, I Will



Aug. 29, 2010 - (By: Gary Tomlinson) "Learning from the school of hard knocks can be very informing, but often the tuition is too high! We should learn from other people's experiences." The purpose of this column is to share great business wisdom from the experiences of authors like Jim

Collins, Michael Gerber, Gary Harpst, Michael LeBoeuf, Ron Willingham, Randy Pennington and others. Because when you combine great business education with your own business experiences the outcome you'll receive is far greater than the sum of its parts.

The wisdom of Randy Pennington's new book; "On My Honor, I Will; The Journey to Integrity-Driven Leadership" has been chosen to share with you this week. The seed for this book began with five words: "He's a **REAL BOY SCOUT**." Those words were spoken to Randy Pennington by his client who used them to describe his boss. They were not meant as a compliment. His client's contention that honor and integrity are not consistent with long-term success concerned Randy then and continues to do so today. It was the catalyst that caused him to write this book.

Unfortunately his client's belief is shared by many others today. [More »](#)

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For more information, please visit: [www.bjac.com](http://www.bjac.com)

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